



ISANA - Himalia Academy 2

January 2026 Breakfast and Lunch Menu
Grades 5th - 8th

	Monday <u>12</u>	Tuesday <u>13</u>	Wednesday <u>14</u>	Thursday <u>15</u>	Friday <u>16</u>
BREAKFAST		Double Chocolate Chip Muffin	Breakfast Burrito	Sweet Potato Muffin	French Toast and Sausage
HOT LUNCH	NO SCHOOL	Soft Chicken Tinga Taco with Squash	Creamy Tomato Rigatoni Turkey Pasta with Broccoli	Hamburger with Fries	Pizza Bagel with Carrots
	<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>
BREAKFAST	HOLIDAY	Cereal with Graham Crackers	Concha	Blueberry Muffin	Egg and Chorizo Quesadilla
HOT LUNCH	HOLIDAY	Burrito with Carrots	Three Cheese Macaroni with Corn	Chicken Fajita with Rice and Beans	Hamburger with Broccoli
	<u>26</u>	<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>
BREAKFAST	Cereal with Graham Crackers	Double Chocolate Muffin	Breakfast Burrito	Cinnamon Crumble	Ham and Cheese Croissant
HOT LUNCH	Chicken Patty with Fries	Garlic Parmesan Fettucini with Chicken and Squash	Teriyaki Chicken with Rice and Broccoli	Frito Walking Taco with Chicken, Cheese Sauce and Beans	Pizza Bagel with Carrots

*Plain 1% low-fat milk or non-fat milk and fresh fruit are offered with each meal.

This institution is an equal opportunity provider and employer.□