



ISANA - Cardinal Academy
January 2026 Breakfast and Lunch Menu
Grades TK - 5th

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|-----------------------------|---|---|---|----------------------------|
| | <u>12</u> | <u>13</u> | <u>14</u> | <u>15</u> | <u>16</u> |
| BREAKFAST | | Double Chocolate Chip Muffin | Breakfast Burrito | Sweet Potato Muffin | French Toast and Sausage |
| HOT LUNCH | NO SCHOOL | Soft Chicken Tinga Taco with Squash | Creamy Tomato Rigatoni Turkey Pasta with Broccoli | Hamburger with Fries | Pizza Bagel with Carrots |
| | <u>19</u> | <u>20</u> | <u>21</u> | <u>22</u> | <u>23</u> |
| BREAKFAST | HOLIDAY | Cereal with Graham Crackers | Concha | Blueberry Muffin | Egg and Chorizo Quesadilla |
| HOT LUNCH | HOLIDAY | Burrito with Carrots | Three Cheese Macaroni with Corn | Chicken Fajita with Rice and Beans | Hamburger with Broccoli |
| | <u>26</u> | <u>27</u> | <u>28</u> | <u>29</u> | <u>30</u> |
| BREAKFAST | Cereal with Graham Crackers | Double Chocolate Muffin | Breakfast Burrito | Cinnamon Crumble | Ham and Cheese Croissant |
| HOT LUNCH | Chicken Patty with Fries | Garlic Parmesan Fettucini with Chicken and Squash | Teriyaki Chicken with Rice and Broccoli | Frito Walking Taco with Chicken, Cheese Sauce and Beans | Pizza Bagel with Carrots |
| <p>*Plain 1% low-fat milk or non-fat milk and fresh fruit are offered with each meal.</p> <p>This institution is an equal opportunity provider and employer.□</p> | | | | | |