

September 2023

Breakfast



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---------------------------------------|---|-----------------------------------|
| FEATURED ENTREE OF THE DAY | | | | |
| 28-Aug | 29-Aug | 30-Aug | 31-Aug | 1-Sep |
| Frosted Flakes Cereal w/ Honey Grahams | Vanilla Concha w/ Pear | Cinnamon Chex Cereal w/ Honey Grahams | Lemon Muffin | Cheerios Cereal w/ Honey Grahams |
| Cinnamon Delight Bar | Yogurt Parfait w/ Berries Honey Grahams | Banana Bread | French Toast Sticks | Vanilla Mini Loaf & String Cheese |
| Orange & Apple | Orange & Pear | 100% Fruit Juice & Apple | Banana & Pear | Pear & Apple |
| 4-Sep | 5-Sep | 6-Sep | 7-Sep | 8-Sep |
| | Vanilla Concha | Cinnamon Chex Cereal w/ Honey Grahams | Blueberry Muffin | Cheerios Cereal w/ Honey Grahams |
| | Cinnamon Crumble | Berry Apple Crisp Bar | English Muffin Breakfast Sandwich | Bagel w/ Cream Cheese |
| | Apple & Pear | 100% Fruit Juice & Apple | Banana & Pear | Pear & Apple |
| 11-Sep | 12-Sep | 13-Sep | 14-Sep | 15-Sep |
| Frosted Flakes Cereal w/ Honey Grahams | Vanilla Concha | Cinnamon Chex Cereal w/ Honey Grahams | Vanilla Muffin | Cheerios Cereal w/ Honey Grahams |
| Mantecada Sweet Bread | Breakfast Cheese Tamale | Cinnamon Roll | Pancake Stack Syrup | Cranberry Oatmeal Round |
| Orange & Apple | Orange & Pear | 100% Fruit Juice & Apple | Banana & Pear | Pear & Apple |
| 18-Sep | 19-Sep | 20-Sep | 21-Sep | 22-Sep |
| Frosted Flakes Cereal w/ Honey Grahams | Vanilla Concha w/ Pear | Cinnamon Chex Cereal w/ Honey Grahams | Lemon Muffin | Cheerios Cereal w/ Honey Grahams |
| Cinnamon Delight Bar | Yogurt Parfait w/ Berries Honey Grahams | Banana Bread | French Toast Sticks | Vanilla Mini Loaf & String Cheese |
| Orange & Apple | Orange & Pear | 100% Fruit Juice & Apple | Banana & Pear | Pear & Apple |
| 25-Sep | 26-Sep | 27-Sep | 28-Sep | 29-Sep |
| Frosted Flakes Cereal w/ Honey Grahams | Vanilla Concha | Cinnamon Chex Cereal w/ Honey Grahams | Blueberry Muffin | Cheerios Cereal w/ Honey Grahams |
| Cinnamon Crumble | Cinnamon Waffles Syrup | Berry Apple Crisp Bar | Scrambled Egg & Cheese Breakfast Sandwich | Bagel w/ Cream Cheese |
| Orange & Apple | Orange & Pear | 100% Fruit Juice & Apple | Banana & Pear | Pear & Apple |

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.

September 2023

Lunch Menu K-8



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| WEEKLY 5 FAVE | | | | |
| Cheeseburger Oven Baked Fries | Baked Ziti w/ Meat Sauce | Chicken Tamale w/ Seasoned Corn | Turkey Nachos Poptillas Chips | Deep Dish Pepperoni Pizza |
| COLD ENTRÉES OF THE DAY | | | | |
| Turkey & Cheese Torta <i>Side of Baked Fries</i> | Smoked Turkey & Cheese Sandwich on Knot Roll <i>Baby Carrots</i> | Chicken Salad Sandwich <i>Celery Sticks</i> | Italian Turkey Submarine <i>Garbanzo Bean & Tomato Salad</i> | Smoked Turkey & Cheese Sandwich on Knot Roll |
| Double Cheese Torta <i>Side of Baked Fries</i> | Soy Butter & Jelly Sandwich <i>Baby Carrots</i> | Build Your Own Cheese Pizza Kit <i>Marinara Sauce</i> | Artisan Cheese Sandwich <i>Garbanzo Bean & Tomato Salad</i> | Egg Salad Sandwich |
| ENTRÉE SALAD OF THE DAY | | | | |
| | | Vegetable Chef Salad w/ Egg & Cheese <i>Poptillas Chips Ranch Dressing</i> | Chicken Taco Salad <i>Poptillas Chips Ranch Dressing</i> | Chicken Caprese Salad <i>Poptillas Chips Italian Dressing</i> |
| FEATURED ENTRÉE OF THE DAY | | | | |
| 28-Aug | 29-Aug | 30-Aug | 31-Aug | 1-Sep |
| Chicken Patty Burger Oven Baked Fries | Chicken Alfredo Pasta w/ Steamed Broccoli | Chicken Enchilada w/ Creamy Green Salsa | Turkey & Bean Chili Poptillas Chips | Beef, Bean & Cheese Burrito |
| Cheese Melt Oven Baked Fries | Cheesy Alfredo Pasta w/ Steamed Broccoli | Cheese Tamale w/ Black Beans | Bean & Cheese Pupusa w/ Pinto Beans | Deep Dish Cheese Pizza |
| <i>Baby Carrots</i> | <i>Baby Carrots</i> | <i>Celery Sticks</i> | <i>Jicama Sticks</i> | <i>Romaine Side Salad w/ Ranch</i> |
| <i>100% Fruit Juice</i> | <i>Orange</i> | <i>Banana</i> | <i>Apple</i> | <i>Orange</i> |
| 4-Sep | 5-Sep | 6-Sep | 7-Sep | 8-Sep |
| | Chicken Nuggets w/ Roasted Potatoes | Firecracker Chicken w/ Yakisoba Noodles Cabbage & Carrots | Chicken Burrito Bowl w/ Black Beans & Rice | Hamburger |
| | Sunbutter, String Cheese, Wheat Crackers, Baby Carrot & Apple | Cheese Tamale w/ Black Beans | Bean & Cheese Pupusa w/ Pinto Beans | Deep Dish Cheese Pizza |
| | <i>Baby Carrots</i> | <i>Celery Sticks</i> | <i>Jicama Sticks</i> | <i>Lettuce, Tomatoes, Pickles Kit</i> |
| | <i>Orange</i> | <i>Banana</i> | <i>Apple</i> | <i>Orange</i> |
| 11-Sep | 12-Sep | 13-Sep | 14-Sep | 15-Sep |
| Grilled Chicken Sandwich Oven Baked Fries <i>BBQ Sauce Packet</i> | Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots | Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes <i>Syrup</i> | Chicken Fajitas w/ Pinto Beans <i>Tortillas</i> | Macaroni & Cheese |
| Cheese Melt Oven Baked Fries | Cheesy Baked Ziti w/ Marinara Sauce | Cheese Tamale w/ Black Beans | Bean & Cheese Pupusa w/ Pinto Beans | Deep Dish Cheese Pizza |
| <i>Baby Carrots</i> | <i>Baby Carrots</i> | <i>Celery Sticks</i> | <i>Cucumber Slices w/ Tajin</i> | <i>Romaine Side Salad w/ Ranch</i> |
| <i>100% Fruit Juice</i> | <i>Orange</i> | <i>Banana</i> | <i>Apple</i> | <i>Orange</i> |
| 18-Sep | 19-Sep | 20-Sep | 21-Sep | 22-Sep |
| Chicken Patty Burger Oven Baked Fries | Chicken Alfredo Pasta w/ Steamed Broccoli | Chicken Enchilada w/ Creamy Green Salsa | Turkey & Bean Chili Poptillas Chips | Beef, Bean & Cheese Burrito |
| Cheese Melt Oven Baked Fries | Cheesy Alfredo Pasta w/ Steamed Broccoli | Cheese Tamale w/ Black Beans | Bean & Cheese Pupusa w/ Pinto Beans | Deep Dish Cheese Pizza |
| <i>Baby Carrots</i> | <i>Baby Carrots</i> | <i>Celery Sticks</i> | <i>Jicama Sticks</i> | <i>Romaine Side Salad w/ Ranch</i> |
| <i>100% Fruit Juice</i> | <i>Orange</i> | <i>Banana</i> | <i>Apple</i> | <i>Orange</i> |
| 25-Sep | 26-Sep | 27-Sep | 28-Sep | 29-Sep |
| Hot Dog Oven Baked Fries | Chicken Nuggets w/ Roasted Potatoes | Firecracker Chicken w/ Yakisoba Noodles Cabbage & Carrots | Chicken Burrito Bowl w/ Black Beans & Rice | Hamburger |
| Cheese Melt Oven Baked Fries | Cheese Lasagna w/ Marinara Sauce | Cheese Tamale w/ Black Beans | Bean & Cheese Pupusa w/ Pinto Beans | Deep Dish Cheese Pizza |
| <i>Baby Carrots</i> | <i>Baby Carrots</i> | <i>Celery Sticks</i> | <i>Jicama Sticks</i> | <i>Lettuce, Tomatoes, Pickles Kit</i> |
| <i>100% Fruit Juice</i> | <i>Orange</i> | <i>Banana</i> | <i>Apple</i> | <i>Orange</i> |

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.
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September 2023

Field Trip Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| FEATURED ENTREE OF THE DAY | | | | |
| 28-Aug | 29-Aug | 30-Aug | 31-Aug | 1-Sep |
| Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | Smoked Turkey & Cheese Sandwich on Knot Roll Baby Carrots Apple & Raisins Fruitable Juice | Italian Submarine Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Italian Submarine Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Smoked Turkey & Cheese Sandwich on Knot Roll Baby Carrots Apple & Raisins Fruitable Juice |
| Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | SoyButter Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | SoyButter Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice |
| 4-Sep | 5-Sep | 6-Sep | 7-Sep | 8-Sep |
| | Smoked Turkey & Cheese Sandwich on Knot Roll Baby Carrots Apple & Raisins Fruitable Juice | Italian Submarine Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Italian Submarine Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Smoked Turkey & Cheese Sandwich on Knot Roll Baby Carrots Apple & Raisins Fruitable Juice |
| | SoyButter Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | SoyButter Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice |
| 11-Sep | 12-Sep | 13-Sep | 14-Sep | 15-Sep |
| Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | Smoked Turkey & Cheese Sandwich on Knot Roll Baby Carrots Apple & Raisins Fruitable Juice | Italian Submarine Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Italian Submarine Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Smoked Turkey & Cheese Sandwich on Knot Roll Baby Carrots Apple & Raisins Fruitable Juice |
| Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | SoyButter Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | SoyButter Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice |
| 18-Sep | 19-Sep | 20-Sep | 21-Sep | 22-Sep |
| Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | Smoked Turkey & Cheese Sandwich on Knot Roll Baby Carrots Apple & Raisins Fruitable Juice | Italian Submarine Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Italian Submarine Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Smoked Turkey & Cheese Sandwich on Knot Roll Baby Carrots Apple & Raisins Fruitable Juice |
| Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | SoyButter Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | SoyButter Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice |
| 25-Sep | 26-Sep | 27-Sep | 28-Sep | 29-Sep |
| Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | Smoked Turkey & Cheese Sandwich on Knot Roll Baby Carrots Apple & Raisins Fruitable Juice | Italian Submarine Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Italian Submarine Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Smoked Turkey & Cheese Sandwich on Knot Roll Baby Carrots Apple & Raisins Fruitable Juice |
| Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | SoyButter Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice | SoyButter Sandwich Baby Carrots Apple & Raisins Fruitable Juice | Sunbutter, Crackers, String Cheese Baby Carrots Apple & Raisins Fruitable Juice |

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September 2023

Snack NSLP



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---------------------------------|-------------------------------|---|--|
| FEATURED ENTREE OF THE DAY | | | | |
| 28-Aug | 29-Aug | 30-Aug | 31-Aug | 1-Sep |
| WG Giant Cinnamon Crackers (1G) | WG Churro Poptillas (1G) | Cheese Stick (1 MA) | WG Apple Cinnamon Multi-Grain Bar (1G) | WG Honey Crackers (1G) |
| Apple (3/4 c) | 100% Fruit Juice (6 oz) | Orange (3/4 c) | Pear (3/4 c) | 100% Fruit Juice (6 oz) |
| 4-Sep | 5-Sep | 6-Sep | 7-Sep | 8-Sep |
| | WG Wheat Crackers (1G) | WG BBQ Poptillas (1G) | WG Educational Snacks Crackers (1G) | WG Cheese Puffs (1 G) |
| | 100% Fruit Juice (6 oz) | Orange (3/4 c) | Pear (3/4 c) | 100% Fruit Juice (6 oz) |
| 11-Sep | 12-Sep | 13-Sep | 14-Sep | 15-Sep |
| WG Pretzels (1G) | WG Nacho Poptillas (1G) | WG Pizza Crackers (1G) | Sunflower Seeds (1 MA) | WG Goldfish Cheddar Crackers (1G) |
| Apple (3/4 c) | 100% Fruit Juice (6 oz) | Orange (3/4 c) | Pear (3/4 c) | 100% Fruit Juice (6 oz) |
| 18-Sep | 19-Sep | 20-Sep | 21-Sep | 22-Sep |
| WG Giant Cinnamon Crackers (1G) | WG Churro Poptillas (1G) | Cheese Stick (1 MA) | WG Apple Cinnamon Multi-Grain Bar (1G) | WG Honey Crackers (1G) |
| Apple (3/4 c) | 100% Fruit Juice (6 oz) | Orange (3/4 c) | Pear (3/4 c) | 100% Fruit Juice (6 oz) |
| 25-Sep | 26-Sep | 27-Sep | 28-Sep | 29-Sep |
| WG Strawberry Multi-Grain Bar (1G) | WG Wheat Crackers (1G) | WG BBQ Poptillas (1G) | WG Educational Snacks Crackers (1G) | WG Cheese Puffs (1 G) |
| Apple (3/4 c) | 100% Fruit Juice (6 oz) | Orange (3/4 c) | Pear (3/4 c) | 100% Fruit Juice (6 oz) |

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September 2023

Supper CACFP Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| FEATURED ENTRÉE OF THE DAY | | | | |
| 28-Aug | 29-Aug | 30-Aug | 31-Aug | 1-Sep |
| Chicken Teriyaki Not So Fried Rice w/ Steamed Diced Carrots (1/2 c) | Beef & Bean Nachos Nacho Poptillas (1 G) | BBQ Beef Rib Patty Sandwich Oven Baked Fries (1/2 c) | Chicken Tamale w/ Seasoned Corn (1/2 c) | Breakfast for Supper: Pancakes & Egg w/ Roasted Potatoes (1/2 c) |
| Cheese Tamale w/ Seasoned Corn (1/2 c) | Bean & Cheese Pupusa Baby Carrots (1/2 c) | Cheese Melt Oven Baked Fries | Deep Dish Cheese Pizza Sliced Cucumber (1/2 c) | Macaroni & Cheese Fruitable Juice (4 oz) |
| Turkey & Cheese Torta Baby Carrots (1/2 c) | Turkey & Cheese Knot Sandwich Baby Carrots (1/2 c) | Chicken Salad Sandwich Fruitable Juice (4 oz) Apple (1/2 c) | Italian Sub Sandwich Sliced Cucumber (1/2 c) | Chicken Caprese Salad (1 c) Wheat Crackers |
| Double Cheese Torta Baby Carrots (1/2 c) | Protein Pack: String Cheese, Sunflower Seeds & Crackers Baby Carrots (1/2 c) | Build Your Own Pizza Kit Marinara Sauce Cup (1/2 c) | Artisan Cheese Sandwich Sliced Cucumber (1/2 c) | Soy Butter & Jelly Sandwich Fruitable Juice (4 oz) |
| 100% Fruit Juice (4 oz) | Pear (1/2 c) | Banana (1/2 c) | 100% Fruit Juice (1/2 c) | Apple (1/2 c) |
| 4-Sep | 5-Sep | 6-Sep | 7-Sep | 8-Sep |
| | | Cheeseburger Oven Baked Fries (1/2 c) | Chicken Alfredo Pasta w/ Steamed Broccoli (1/2 c) | Beef, Bean & Cheese Burrito Baby Carrots (1/2 c) |
| | Cheesy Baked Ziti w/ Marinara Sauce (1/2 c) | Cheese Melt Oven Baked Fries (1/2 c) | Cheesy Alfredo Pasta w/ Steamed Broccoli (1/2 c) | Bean & Cheese Burrito Baby Carrots (1/2 c) |
| | Turkey & Cheese Knot Sandwich Baby Carrots (1/2 c) | Italian Sub Sandwich Fruitable Juice (4 oz) | Chicken Salad Sandwich Jicama Sticks (1/2 c) | Chicken Taco Salad (1 c) Nacho Poptillas |
| | Protein Pack: Yogurt, String Cheese, Crackers Baby Carrots (1/2 c) | Egg Salad Sandwich Fruitable Juice (4 oz) | Vegetable Chef Salad (1 c) Nacho Poptillas | Soy Butter & Jelly Sandwich Fruitable Juice (4 oz) |
| | Pear (1/2 c) | Apple (1/2 c) | 100% Fruit Juice (1/2 c) | Apple (1/2 c) |
| 11-Sep | 12-Sep | 13-Sep | 14-Sep | 15-Sep |
| Deep Dish Pepperoni Pizza Baby Carrots (1/2 c) | Chicken Burrito Bowl w/ Beans & Rice | Hot Dog Oven Baked Fries (1/2 c) | Baked Ziti w/ Meat Sauce (1/2 c) | Chicken Bites w/ Roasted Potatoes (1/2 c) |
| Deep Dish Cheese Pizza Baby Carrots (1/2 c) | Macaroni & Cheese Baby Carrots (1/2 c) | Cheese Melt Oven Baked Fries (1/2 c) | Cheese Lasagna w/ Marinara Sauce (1/2 c) | Bean & Cheese Pupusa Fruitable Juice (4 oz) |
| Turkey & Cheese Torta Baby Carrots (1/2 c) | Turkey & Cheese Knot Sandwich Baby Carrots (1/2 c) | Chicken Salad Sandwich Fruitable Juice (4 oz) | Italian Sub Sandwich Sliced Cucumber (1/2 c) | Chicken Caprese Salad (1 c) Wheat Crackers |
| Double Cheese Torta Baby Carrots (1/2 c) | Protein Pack: String Cheese, Sunflower Seeds & Crackers, Baby Carrots (1/2 c) | Build Your Own Pizza Kit Marinara Sauce Cup (1/2 c) | Artisan Cheese Sandwich Sliced Cucumber (1/2 c) | Soy Butter & Jelly Sandwich Fruitable Juice (4 oz) |
| 100% Fruit Juice (4 oz) | Pear (1/2 c) | Apple (1/2 c) | 100% Fruit Juice (1/2 c) | Apple (1/2 c) |
| 18-Sep | 19-Sep | 20-Sep | 21-Sep | 22-Sep |
| Chicken Teriyaki Not So Fried Rice w/ Steamed Diced Carrots (1/2 c) | Beef & Bean Nachos Nacho Poptillas (1 G) | Chicken Patty Burger Oven Baked Fries (1/2 c) | Chicken Tamale w/ Seasoned Corn (1/2 c) | Breakfast for Supper: Pancakes & Egg w/ Roasted Potatoes (1/2 c) |
| Cheese Tamale w/ Seasoned Corn (1/2 c) | Bean & Cheese Pupusa Baby Carrots (1/2 c) | Cheese Melt Oven Baked Fries (1/2 c) | Deep Dish Cheese Pizza Sliced Cucumber (1/2 c) | Macaroni & Cheese Fruitable Juice (4 oz) |
| Turkey & Cheese Torta Baby Carrots (1/2 c) | Turkey & Cheese Knot Sandwich Baby Carrots (1/2 c) | Chicken Salad Sandwich Fruitable Juice (4 oz) | Italian Sub Sandwich Sliced Cucumber (1/2 c) | Chicken Caprese Salad Wheat Crackers |
| Double Cheese Torta Baby Carrots (1/2 c) | Protein Pack: String Cheese, Sunflower Seeds & Crackers Baby Carrots (1/2 c) | Build Your Own Pizza Kit Marinara Sauce Cup (1/2 c) | Artisan Cheese Sandwich Sliced Cucumber (1/2 c) | Soy Butter & Jelly Sandwich Fruitable Juice (4 oz) |
| 100% Fruit Juice (4 oz) | Pear (1/2 c) | Apple (1/2 c) | 100% Fruit Juice (1/2 c) | Apple (1/2 c) |
| 25-Sep | 26-Sep | 27-Sep | 28-Sep | 29-Sep |
| Chicken Enchiladas w/ Green Salsa (1/2 c) | Turkey & Bean Chili Nacho Poptillas (1 G) | Cheeseburger Oven Baked Fries (1/2 c) | Chicken Alfredo Pasta w/ Steamed Broccoli (1/2 c) | Beef, Bean & Cheese Burrito Baby Carrots (1/2 c) |
| Cheese Enchiladas w/ Green Salsa (1/2 c) | Cheesy Baked Ziti w/ Marinara Sauce (1/2 c) | Cheese Melt Oven Baked Fries (1/2 c) | Cheesy Alfredo Pasta w/ Steamed Broccoli | Bean & Cheese Burrito Baby Carrots (1/2 c) |
| Turkey & Cheese Torta Baby Carrots (1/2 c) | Turkey & Cheese Knot Sandwich Baby Carrots (1/2 c) | Italian Sub Sandwich Fruitable Juice (4 oz) | Chicken Salad Sandwich Jicama Sticks (1/2 c) | Chicken Taco Salad Nacho Poptillas |
| Double Cheese Torta Baby Carrots (1/2 c) | Protein Pack: Yogurt, String Cheese, Crackers Baby Carrots (1/2 c) | Egg Salad Sandwich Fruitable Juice (4 oz) | Vegetable Chef Salad Nacho Poptillas | Soy Butter & Jelly Sandwich Fruitable Juice (4 oz) |
| 100% Fruit Juice (4 oz) | Pear (1/2 c) | Apple (1/2 c) | 100% Fruit Juice (1/2 c) | Apple (1/2 c) |

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This menu is free of the top 9 allergens

Allergy Friendly Meals Weekly Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| BREAKFAST | | | | |
| Cinnamon Chex Bowl, Strawberry Rockinola Granola, & Fruit*, Milk Option* | GF Cheerios Bowl, Chocolate Rockinola Granola & Fruit*, Milk Option* | Cocoa Krispies Bowl, Cinnamon Rockinola Granola, Fruit*, Milk Option* | Rice Krispies Bowl, Strawberry Rockinola Granola, Fruit*, Milk Option* | Corn Chex Bowl, Chocolate Rockinola Granola & Fruit*, Milk Option* |
| LUNCH | | | | |
| Burrito Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg. | Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option* 2M, 2G, 1C Veg. | Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option* 2M, 2G, 1C Veg. | Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option* 2M, 2G, 1C Veg. | California Turkey and Vegetable Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg. |
| SNACK | | | | |
| Rockinola Granola, Fruit* | Corn Chips, Fritos, Fruit* | Hummus & Corn Chips | Rockinola Granola, Fruit* | Corn Chips, Fritos, Fruit* |
| SUPPER | | | | |
| Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option* 2M, 2G, 1C Veg. | Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option* 2M, 2G, 1C Veg. | Burrito Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg. | California Turkey and Vegetable Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg. | Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option* 2M, 2G, 1C Veg. |
| FIELD TRIP | | | | |
| Hummus Cup, Corn Chips Fritos, Sunbutter Cup, RockinOla Granola Apple Sauce 4.5oz, Paradise Punch Vegetable Juice 4oz | | | | |
| Safe Handling Instructions for Frozen Entrees | | | | |
| Keep the lunch food frozen/refrigerated until ready to cook and serve. | | | | |
| Tear open the side of the film and place the tray in the microwave and microwave on high for 3-5 minutes. | | | | |
| Ensure the internal temperature reaches 165°F; otherwise, place the plate in the microwave again and heat it for an additional 2-3 minutes/ until reaches the 165 °F. Allow the food to rest for 1 minute. Handle with care. The content is hot. For conventional oven, set the oven temperature at 300°F and heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F. | | | | |
| Our Allergen Management Plan | | | | |
| Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place that prevent allergen cross-contamination. This meal is free of major 9 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against the below-listed allergies up to the stated limit of detection (LOD) using an accredited test method. | | | | |
| Warning: Although these meals don't contain any fish ingredients, the validation test is not being performed in our kitchen. | | | | |
| Note: This meal doesn't contain the top 9 allergens as an ingredient, and the tests are for safety and to detect any possible cross-contamination. LOD (Limit of Detection) indicates the minimum amount of protein residues that the analysis method can detect in the case of presence and doesn't indicate the allergen exists in the meal. | | | | |
| Target Allergen | LOD (Limit of Detection) | Target Allergen | LOD (Limit of Detection) | |
| Almond Protein | 2 ppm | Gluten Protein | 4 ppm | |
| Brazil Nut Protein | 5 ppm | Hazelnut Protein | 5 ppm | |
| Cashew/Pistachio Protein | 2 ppm | Macadamia nut Protein | 2 ppm | |
| Coconut Protein | 10 ppm | Total Milk Protein | 1 ppm | |
| Crustacean Protein | 2 ppm | Peanut Protein | 1 ppm | |
| Whole Egg Protein | 2 ppm | Walnut Protein | 10 ppm | |
| Soy Protein | 2 ppm | Sesame Protein | 5 ppm | |